

**READING LIST**  
**Helpful Book Resources for Teen Parents**

**Things Will Be Different for My Daughter: A Practical Guide to Building Her Self-Esteem and Self-Reliance**

Mindy Bigham, Susan Stryker, With Sandy Stryker

**Raising Cain: Protecting the Emotional Life of Boys**

Dan Kindlon Ph.D., Michael Thompson

**Skillstreaming the Adolescent Book Revised: New Strategies and Perspectives for Teaching Prosocial Skills**

Arnold P. Goldstein, Ellen McGinnis

**Cliques: Eight Steps to Help Your Child Survive the Social Jungle**

Charlene C. Giannetti, Margaret Sagarese

**The Good Son: Shaping the Moral Development of Our Boys and Young Men**

Michael Gurian

**Life Strategies for Teens**

Jay McGraw

**7 Habits of Highly Effective Teens**

Sean Covey

**Chicken Soup for the Teenage Soul**

Jack Canfield, Kimberly Kirberger, Mark Victor Hansen

**Ophelia Speaks: Adolescent Girls Write about Their Search for Self**

Sara Shandler

**Girl in the Mirror: Mothers and Daughters in the Years of Adolescence**

Nancy L. Snyderman, Peg Streep

**Teens in Turmoil: A Path to Change for Parents, Adolescents, and Their Families**

Carol Maxym, Leslie York

**Bringing up Parents; The Teenager's Handbook**

Alex J. Packer

**Choices and Consequences; What to do when a Teenager Uses Alcohol/Drugs**

Dick Schaefer

**Teenagers Learn What They Live: Parenting to Inspire Integrity and Independence**

Dorothy Law Nolte, Rachel Harris

**Tribe Apart: A Journey into the Heart of American Adolescence**

Patricia Adolescence

**On Becoming Preteen Wise: Parenting Your Child from Eight to Twelve Years**

Gary Ezzo, Robert Bucknam

**Get Out of My Life, but First Could You Drive Me & Cheryl to the Mall: A parent's Guide to the New Teenager, Revised and Updated**

Anthony E. Wolf

**Surviving Your Adolescents: How to Manage and Let Go Of Your 13-18 Year Olds Hands control back to parents...a great resource**

Thomas W. Phelan

**Queen Bees & Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends & Other Realities of Adolescence**

Rosalind Wiseman

**Raising Confident Boys: 100 Tips for Parents and Teachers**

Elizabeth Hartley-Brewer

**Teen Tips: A Practical Survival Guide For Parents With Kids 11-19**

Tom McMahon

**Preparing for Adolescence: Caution Changes Ahead**

James C. Dobson

**Dr. James Dobson on Parenting: Includes the Strong-Willed Child & Parenting Isn't for Cowards**

James Dobson

**Fine Young Men: What Parents, Mentors and Educators Can Do to Shape Adolescent Boys into Exceptional Men**

Michael Gurian

**Launching Years: Strategies for Parenting from Senior Year to College Life**

Laura Kastner, Jennifer Wyatt

**Unhappy Teenagers: A way for Parents and Teachers to Reach Them**

William Glasser

**Our Last Big Shot: Guiding Our Children through Early Adolescence**

Laura Sessions Stepp

**Odd Girl Out; The Hidden Culture of Aggression in Girls**

Rachel Simmons

**Adolescence Isn't Terminal**

Kevin Leman

**But I love Him: Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships**

Jill Murray

**Skillstreaming the Adolescent Book Revised: New Strategies and Perspectives for Teaching Prosocial Skills**

Arnold P. Goldstein, Ellen McGinnis

**Odd Girl Speaks Out: Girls Write about Bullies, Cliques, Popularity, and Jealousy**

Rachel Simmons

**Parent in Control: Restore Order in Your Home and Create a Loving Relationship with Your Adolescent**

Gregory Bodenhamer

**Parenting for Prevention; How to Raise a Child to Say No to Alcohol and Other Drugs**

David J. Wilmes, Cyril A. Reilly

**Preparing for Adolescence**

James C. Dobson

**Don't Sweat the Small Stuff for Teens: Simple Ways to Keep Your Cool in Stressful Times.**

Richard Carlson

**Girls Will Be Girls: Raising Confident and Courageous Daughters**

Joann M. Deak, Teresa Barker

**Our Last Best Shot: Guiding Our Children through Early Adolescence**

Laura Sessions Stepp